



Helpline & Email Support Volunteer Induction Training Schedule 2017

Arrive from 9.15am **Start at 9.30am prompt** **Finish at 2.30pm**

Date	Subjects
Session 1 Tuesday 31 st January	Introduction to course Feminism, What is Rape Crisis
Session 2 Tuesday 7 th February	Feminist Theory in Practice Sexual violence – society's attitude & rape culture
Session 3 Tuesday 14 th February	Introduction to helpline skills Skills – Silence & Questions
Session 6 Saturday 25 th March	Rape & Sexual Assault
Session 4 Tuesday 28 th February	Childhood Sexual Abuse
Session 5 Tuesday 7 th March	Effects of Sexual Violence Dealing with Disclosures Self-Care & Supervision
Session 7 Tuesday 14 th March	Skills – Endings and email support Flashbacks & Nightmares
Session 8 Tuesday 21 st March	Wider VAWG issues Sexual Violence and Criminal Justice System
Session 9 Saturday 25 th March	Coping Strategies
Session 10 Tuesday 28 th March	Equality Issues and their links with sexual violence Barriers to access and help seeking
Session 11 Tuesday 4 th April	Skills – Safeguarding Dealing with challenges
Session 12 Saturday 8 th April	Skills Final Session