

Helpline & Email Support Volunteer Training Schedule 2019

Sessions Attendance Requirements: There is an 85% attendance requirement for this course which means missing 2 Tuesday sessions only.

Attendance at the following sessions is compulsory:

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|-------------|-------------|--------------|
| - Session 2 | - Session 5 | - Session 9 |
| - Session 3 | - Session 6 | - Session 11 |
| - Session 4 | - Session 8 | |

Friday Sessions: Arrive from 9.15am Start at 9.30am prompt - Finish at 2.00pm

Saturday Sessions: Arrive from 9.45am Start at 10.00am prompt - Finish at 4.00pm

Venue: Newcastle - Confirmed once place offered

Date	Subjects
Session 1 Friday 10 th May	Introduction to course Feminism, What is Rape Crisis
Session 2 Friday 17 th May	Feminist Theory in Practice What is Sexual Violence
Session 3 Saturday 18th May	Society's attitude & rape culture Introduction to helpline skills Skills – Silence
Session 4 Friday 24 th May	Grooming & Silencing Effects of Sexual Violence
Break	
Session 5 Friday 7 th June	Dealing with Disclosures Working with Trauma
Session 6 Friday 14 th June	Email support Skills - Use of Questions
Session 7 Friday 21 st June	Coping Strategies
Session 8 Friday 28 th June	Sexual Violence and Criminal Justice System
Session 9 Saturday 29th June	Advice Giving, Boundaries & Endings Flashbacks & Panic on the Helpline
Session 10 Friday 5 th July	Equality Issues and their links with sexual violence Barriers to access and help seeking
Session 11 Friday 12 th July	Skills – Safeguarding Dealing with challenges
Session 12 Saturday 13th July	Skills Review Final Session